




January 2024

Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 BREAKFAST PRICES: Elementary CEP Middle CEP High \$1.60 Reduced Free At Cost \$3.25 <u>Choice of milk is offered with every meal.</u>	3 LUNCH PRICES: Elementary CEP Middle CEP High \$2.10 Reduced Free At Cost \$5.00 <u>Menus are subject to change as needed.</u>	4 EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50 Entrees: <u>Elementary \$1.25 High \$1.50</u>	5 
8 Breakfast Pizza Sliced Peaches Assorted Juices Hamburger w/Bun Baked Beans Pickle Slices Strawberry Applesauce Chocolate Chip Cookie	9 French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices Fish & Cheese w/Bun Baked Potato Wedges Steamed Broccoli Pineapple w/Cherries	10 Assorted Cereal, Toast Fruit Cocktail Assorted Juices Chicken Patty w/Bun Pickle Slices Steamed Corn Blushing Pears	11 Sausage Link Toast w/Jelly, Pears Assorted Juices Pizza Oven Fries Steamed Carrots Chilled Peaches	12 Chocolate Chip Muffin Applesauce Assorted Juices Meat Pie Oven Fries Steamed California Vegetables Fruit Cocktail
15 	16 <i>Professional Development Day</i>	17 Toaster Pastries Fruit Cocktail Assorted Juices Pizza Oven Fries Steamed Corn Blushing Pears	18 Breakfast Pizza Pineapple Assorted Juices Meat Ball Mashed Potatoes w/Brown Gravy Green Peas, Whole Wheat Roll Lettuce & Tomato Salad Fruit Cocktail	19 Donut Apple Assorted Juices Chicken Nuggets White Beans w/Steamed Rice Tossed Salad w/Ranch Dressing Whole Wheat Roll Chilled Pineapple
22 Muffin Sliced Peaches Assorted Juices Meat Pie Baked Potato Wedges Steamed Broccoli Fresh Apple	23 Breakfast Pizza Applesauce Assorted Juices Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding	24 Sausage Biscuit Fruit Cocktail Assorted Juices Baked Chicken Parsley Rice, Tossed Salad Seasoned Green Peas Whole Wheat Roll Chilled Pineapple w/Cherries	25 Pancake On A Stick w/Syrup Pears Assorted Juices Turkey & Sausage Gumbo w/Brown Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail	26 French Toast Sticks w/Syrup Fresh Fruit Assorted Juices Fish & Cheese w/Bun Oven Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears
29 Breakfast Pizza Sliced Peaches Assorted Juices Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread Chilled Peaches	30 French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices Sloppy Joe w/Bun Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears Cookie	31 Assorted Cereal, Toast Fruit Cocktail Assorted Juices Lasagna Green Salad w/Spinach Steamed Broccoli Hot Roll Fresh Fruit		

Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g. Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1. mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665 or (202) 690-7442; or 3. email: program.intake@usda.gov. This institution is an equal opportunity provider.

You can access your child's lunch account on our website at mylpsd.com